



# AMERICAN COLLEGE OF PSYCHOANALYSTS

## NEWSLETTER

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### PRESIDENT'S NOTE

by **Harriet L. Wolfe, M.D.**

#### A CALL TO ACTION

As current President of the American College of Psychoanalysts it is my privilege to welcome you to another year of scientific and collegial opportunity. The planning for our May 2007 scientific meeting in San Diego is well underway. It promises to be an enlightening program and an enjoyable social occasion.

The experience of being a member of the College remains one of significant intellectual and interpersonal reward. Our meetings this year in Toronto and last year in Atlanta were noteworthy for the outstanding quality of scientific presentations and the rich opportunities to learn informally, as well as formally, from one another. The attendance at our meetings, however, is low and the involvement of our members in program development and member recruitment requires attention.

Most of us joined the College when our mentors were in prominent positions in psychiatry departments across the country. My own mentors who drew me to the College were Pietro Castelnuovo-Tedesco, Stephen Fleck and Theodore Lidz. Not only have many such illustrious members died, but the complexion of academic psychiatry has changed. Very few psychoanalysts have

academic appointments these days, and, if they do, travel stipends to support intellectual activities have been cut. It has become more expensive to attend our meetings and other professional organizations compete for our current members' participation.

Although these changes threaten the culture of the College as we have known it in the past, they bring intriguing opportunities for the future. First, the current profile of the physician psychoanalyst is the clinical practitioner and university, medical school or psychoanalytic institute teacher, rather than the academic psychiatrist. Second, many of the professional affiliations currently available to our physician colleagues have become quite politicized. Our organization is unique because it offers collegiality in an apolitical context that features our shared interests in cutting edge natural and social science.

In the last few years, particularly under the leadership of our Past President, David Edelstein, the changes and challenges that face The College have become the focus of discussion by the Board of Regents. I want to summarize initiatives that are currently underway and appeal to you, the members of the College, to engage with the Board through email or telephone conversation to help us succeed in designing effective strategies for keeping our organization vital.

**CURRENT INITIATIVES:** The areas that have received specific attention in the last year are The College mission, membership criteria, scientific program, communication systems, administrative support, potential outreach programs and bylaws. I want to update you on deliberations and actions in each area and recruit your personal interest and involvement in one or more areas.

**Mission:** The Board of Regents recognizes that the complexion of American psychoanalysis has changed. It feels we must ex-

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tend our vision of ourselves beyond the academic arena to the current heart of medical psychoanalysis, to practitioners who are industrious, committed to psychoanalysis and would be intellectually drawn to our programs.

Our current bylaws reflect our members' shared commitment to high standards of excellence in treatment, teaching and research and our recognition of the importance for medical psychoanalysis of scientific disciplines allied to psychiatry. The Board believes we can offer today's physician analyst an intellectual home that supports his/her medical identity at the same time we foster the integration of psychoanalysis with medicine and its allied sciences.

**Membership criteria and application procedures:** The Board has taken action to both broaden and streamline our approach to membership recruitment. The Membership Committee is seeking nominations of practicing graduate analysts who fulfill the following criteria: physician analysts who are industrious, collegial, intellectually drawn to our programs and willing to travel to meetings.

An email application process has been created. It includes a streamlined application form and requires one letter of recommendation from a College member and a copy (email copy preferred) of the applicant's CV. Our new membership co-chairs, Margaret Hamilton and Elise Snyder, will review applications after they are received by our Executive Secretary, Frances Bell, and forward them with their recommendation to the Board by email at regular intervals. New members will be voted on and welcomed in a timely fashion, and their participation on committees will be encouraged early in their tenure as members.

The Board is further interested in establishing a new category of member for physician candidates: "Affiliate Members". The Membership Committee plans to organize personal recruitment by our members of physician candidates at local institutes of the American Psychoanalytic Association (APsaA). A number of mentoring opportunities within The College will be created and made available to Affiliate Members to help them both maintain their physician identities and develop their psychoanalytic knowledge and commitment.

The questions the Board plans to discuss at its January 2007 meeting include the following: how wide a net should we cast for new members, should we accept self-nominations, and what is the best way to organize our recruitment efforts?

At present, we focus new member recruitment on APsaA-affiliated analysts and candidates (in addition to special foreign colleagues and unique individuals who are brought forward by current members). We could cast our net more broadly toward IPA-affiliated analysts and candidates. Since our bylaws currently cap membership at 250 members, and

our existing members are sponsors of any new applicant, it seems unlikely that a broader recruitment would change the complexion of The College.

If we accept self-nominations, it would be a departure from our practice of potential new members' applying solely at the invitation of existing members. The Board will discuss the merit of a mechanism through which self-nominated applicants could identify an existing member in their geographic region or within their particular area of interest in psychoanalysis, a current College member with whom they could meet and from whom they could request support.

Each of these questions touches on the final one above regarding how we can best organize our recruitment efforts. Should we work solely through existing members and individual contacts with potential new members, or should we also write to groups or categories of potential members to apprise them of our organization and our interest in growth?

**Scientific program:** The scientific program we offer annually has remained truly excellent. It benefits from ongoing conversations about how to vary or further improve it. The Board recently decided to foster the integration of plenary talks and colloquia by having a single chair rather than two chairs for the two aspects of program. The goal of our scientific program is to highlight both cutting edge scientific work and any controversy that exists regarding new findings.

We experimented in Toronto with recording the plenary talks so that The College could offer DVDs of our proceedings to interested members, to potential new members and to teaching institutions that would find access to our scientific discussions useful. We discovered a number of technical challenges and also realized the importance of considering issues of confidentiality with our presenters before we tape their talks. We do not have a DVD to offer you this year but are optimistic about refining our technology and procedures in order to provide recordings in the future.

The Board has reviewed the choice of location for the annual meeting. Some felt it would benefit attendance at the meeting if it coincided with the summer meeting of APsaA. However, the majority of Board members voted to keep the annual meeting concurrent with the American Psychiatric Association (APA) because affiliation with the APA meeting is consistent with our medical identity and offers opportunities for continued and closer collaboration with psychiatry and its allied disciplines.

**Our communication systems:** The College has several modes of communication up and running: this newsletter, a modern website and old-fashioned snail mail. Although the

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Board has begun to use email and/or conference calls to conduct business efficiently between its two face-to-face meetings each year, it has had less success interacting with our membership at large outside the annual meeting.

The key question we face is: why is it hard to engage our membership in questions related to The College? It may be a past administrative failure to update addresses or send things soon enough or appreciate what vehicle for communication is most useful to members. But a deeper problem is one we remain dependent upon you to help solve. The problem is how to insure that The College remains important to you and offers you what you want. In order to assure our organizational vitality we must succeed in getting The College on each of our member's list of active priorities.

At our meeting in Toronto, the Distinguished Citizen Award went to Ken Alexander, a Canadian publisher and the editorial director of "The Walrus", a magazine similar to "Harper's". "The Walrus" has published a number of interesting pieces on psychoanalysis and has thereby fostered interest in our profession among the citizens of Canada. Ken gave an irreverent and very entertaining brief talk upon receiving his award, reminding all in attendance how nourishing high humor can be. Perhaps one answer to our dilemma regarding successful communication and collaboration with our membership is we need to infuse our efforts with the sort of energy and candor that Ken modeled in Toronto.

A new opportunity for intellectual exchange and growth within The College is in the making. David Edelstein is spearheading internet discussion groups for members. He describes this opportunity elsewhere in this newsletter. We hope you will find that the vigorous discussion of interesting topics by email during the year and then in person at the annual meetings will enrich your knowledge and your enjoyment of membership in The College.

**Administrative matters:** We have good news about our administrative situation. We have a new Executive Secretary as of July 1, 2006: Mrs. Frances Roton Bell. She is based in Dallas, Texas, and is known to a number of our members because of her work with the Group on the Advancement of Psychiatry (GAP). She has excellent working relationships not only with the psychoanalysts and psychiatrists she has served, but also with various professionals in accounting, computer technology, banking and legal services. We already have engaged an accountant through her who will prepare our non-profit returns beginning this year and who successfully argued with the IRS on our behalf and saved the College a substantial late-filing fee for last year.

The Board took the opportunity of a transition to a new Executive Secretary to author its first thorough description of the tasks and responsibilities of the role. We have operated in the past more through tradition than clarity. Begin-

ning this year, a new Executive Secretary and your President will sign a memorandum of understanding that spells out their mutual expectations and obligations. Formal annual evaluations will be routine, as well as ongoing feedback, and we will conduct our business with the Executive Secretary in a more predictable and professional fashion than could occur in the past.

Frances Bell has already worked proactively on our behalf to create a smooth transition of information and materials from her predecessor, Mrs. Betty Melton (whom we thank for her efforts), and has begun to plan for Board and College meetings, to clarify and update our bylaws and to initiate record-keeping of many kinds.

**Outreach potential:** A number of vehicles for educational outreach have been discussed by the Board in the past few years. Structured offerings to medical schools, at both undergraduate and residency training levels, have been discussed. International affiliations, for example in China, already exist among our members and could be usefully expanded by members of The College. It is particularly in this area of College activity that your active involvement is required before successful programs can be established.

**Bylaws:** The Board is currently engaged in a detailed review of our bylaws. Our bylaws require both editorial and policy-level attention. Policy changes in the bylaws must be voted on by College members at our annual meeting. The Board will complete its review of the bylaws at its January 19, 2007, meeting in New York and will bring any proposed policy changes to **the next annual meeting on May 19, 2007, in San Diego**. The College website will be used to provide you with advance information regarding changes to be voted upon. The bylaws and their revisions will be posted by February 1, 2007. You will also receive copies of proposed amendments by regular mail 6 weeks before the annual meeting.

**HOW YOU CAN BE MORE INVOLVED:** I hope I have been able to update you on the opportunities and challenges we face in a way that will interest you in becoming actively involved in The College again. There are several key ways you can begin immediately.

What The College needs now is your help with recruitment of new members, your attendance at our annual meeting, and your participation on one of our committees or on the Board. New opportunities for involvement that are in the making include the mentoring of Affiliate Members and participation in a College internet discussion group. Above all, we want your continued input regarding how to refine and rejuvenate our definition of ourselves as a psychoana-

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lytic membership organization for physicians.

The newsletter contains Frances Bell's contact information and our website. It contains the names of our officers and committee chairs. Please feel free to contact me personally, contact Frances, or contact any

Board member whom you know. We want to know what you are thinking, what you are looking for from the American College of Psychoanalysts and how you might best contribute to our future. We will be so glad to hear from you!

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## EDITORIAL NOTE

David Dean Brockman, M.D.

The College is very fortunate in that our President Dr. Harriet Wolfe is calling us to Action on a variety of fronts. Most of all, in her Letter to the members is her appeal for more of our members to attend the annual meeting and participate in the dialogue as well as the committee work of the College. We do not endlessly argue over bylaws or re-organization changes. All we are interested in is learning more about psychoanalysis, clinically and theoretically, and about other related sciences like anthropology, neuroscience, and developmental issues. Her very warm and welcoming letter is a very important impetus to come together as colleagues and co-workers in the vineyards of psychoanalysis where rancor and argumentation is replaced by dialogue and camaraderie. Please read her letter for her very important appraisal and her perspective of the College's situation for 2006-2007!

Dr. David Edelstein has organized a most important and stimulating program for our meeting that continues to emphasize our relationship to our sister sciences, particularly Neuroscience and Human Development. In a way, it is helpful, heuristically speaking, to speak of development as both a psychological and physiological stream of events and processes, while at the same time, keeping in mind the intricate cellular and biochemical (such as genetics and protein synthesis) processes. In terms of the two sister sciences of Human Development and Neuroscience, we are very fortunate to have as our speakers in San Diego next May the Nobel prize winner Dr. Jerry Edelman who is at the Scripps Insti-

tute where he is working hard on the interface between neuroscience and psychoanalysis and Dr. Robert Emde of Denver who is one of our most distinguished members and who is most well known for his research on how important human development is for us as clinicians. He has spent his entire career creating a scientific foundation for the developmental point of view. It is necessary for us to keep a clear mind in the dialectics between those very important retrospective observations of continuities and discontinuities in the developmental process. Sometimes, it seems (and well Dr. Emde knows) that developmental irregularities can sometimes be over-come by growth or other factors, but certainly not all irregularities or traumatic events, for most people, are removed from central stage by just growing up. We are very fortunate to have such extraordinary speakers as these two outstanding researchers. Our programs continue to emphasize what several of our recent meetings have concentrated on-namely, many top leaders in the fields of both basic sciences of psychoanalysis namely- Neuroscience and Direct Observation Science -which offer us much rich information for our theories and clinical practice. All of us benefit by keeping us abreast of new contributions from these two very important fields.

There will be some very interesting Colloquia on the Program as well! Come to San Diego and see for yourself!

We deeply regret to note the loss of several colleagues: Dr. Paulina Kernberg, Dr. Klaus Hoppe, and Dr. Howard Grossman. They will be sorely missed.

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## RENEWAL OF LIFE HEALING FROM THE HOLOCAUST

By Henri Parens, M.D., Published by Schreiber Publishing of Rockville, MD, 2004

Reviewed by Dr. Phil Lebovitz

This new book by Dr. Henri Parens of Philadelphia has several threads knotted together to create a literary quilt that contains his heart-wrenching ordeal as a holocaust survivor, his inspiring career as a child psychoanalyst-researcher, and his personal quest to understand himself in the light of his survival.

Henri was born Aaron Biederman in Lodz, Poland to Isaac Biederman and Rosa Pruszinowska. Before he reached the age of five, and quite possibly as early as three, his parents had divorced and he had moved with his mother to Brussels which became the city to which he remains fondly attached and there he became Henri, although his mother continued to call him Aron right up to the time they were separated. In his memoir he continually refers to his mother in admiring, affectionate, and respectful terms.

Parens' book is subtitled *Healing From the Holocaust* and the book reflects the author's commitment to reflect that process as an intra-psychoanalytic one and to extend it on into his relation to external reality. Three main sections mark changes of focus within the book: "What Happened to My World," "Reflections – 60 Years Later," and "Ayeika." Even though the sections are clearly titled and have detailed subsections, his experiences from that distant past and his working them through as he writes his book intertwine in a manner that reminds one of an authentic quality of a successful unfolding therapeutic psychoanalysis.

"What Happened to My World" begins with Parens noting that he began writing his book at age 73, a delay of sixty-two years after his descent into a Dante-style "hell." Only then was he able to bring himself to finally put his experiences to pen and paper to painfully relive and mourn, honor, and then commemorate those experiences. He began writing down the long preserved memories on the exact same day August 14 (1942) that his mother was taken away by the Nazis and transported to Auschwitz from Drancy, an infamous French deportation camp. As he relives and endures that ordeal through his writing, he strives to understand why he never researched what happened with his father and brother. His mother made a conscious choice that reverberates with the theme of the film "Sophie's Choice" when his older brother was left in Poland with his father. A recurrent theme for Parens is that he implicitly trusted his mother's judgment at every decision point and that same affirmation reverberated as he wrote his story.

It is very interesting to note Parens repeatedly reverts to the French language throughout this section; this attests to the vividness and ineradicable quality of the terrible trauma.

Furthermore, this anecdotal evidence and the empirical logic associated with it facilitate a hypothesis that the emotional intensity of similar experiences is most accessible through the original language used when the events occurred. Parens tells the reader how excruciating the process of reliving his holocaust cataclysm was not only verbally but also how he experienced it in somatic terms as well, because he periodically developed nummular eczema as he wrote his memoir.

Dr. Salman Akhtar has written about the phenomena that challenge analysts who have different mother tongues from the patient because the intense archaic affects inexorably and routinely press for expression in the mother tongue while their significance is often diluted by translation into another language. A remarkable confirmation of this appears in Parens' description upon a recent visit to the embarkation camp at Drancy, where his mother began her horrifying journey to Auschwitz. Parens says, on p. 157: "Writing this in English feels foreign; the memory of the experience is in French."

Parens' ability to portray his life from the time he and his mother fled Brussels for France until he began his military service during the Korean War years engrossed me so profoundly that I could have easily read that part of the book in a single sitting. The author's detailed description of the first concentration camp (Recebodou) barracks attests to the magnitude of his affects, which burned the experience into his memory.

"We got there in late September, or possibly, in early October. The barrack to which we were assigned was partitioned into two sections, one on the right of the entry, the other on the left. Straight ahead of the entranceway, an area of perhaps 8 feet by 8 feet was the lavatory and toilets. Only the lavatory and toilets had full walls, floor to ceiling; the other partitions were partial only, like oversized cubicles. We were in the section on the right of the entrance. This section in turn was subdivided into 6 cubicular areas, 3 on each side of an aisle shared by all."

Part Two is titled "Reflections – My Life 60 Years Later." At the outset of the first chapter in that section, Parens presents an hypothesis that has oriented his career as a child psychoanalyst: "Of the types of excessively painful events a child is subjected to, those that are perpetrated on the child by her or his own parents, like physical abuse emotional abuse, and sexual abuse, tend to be the most hurtful and

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even the most traumatizing. (p. 109) Parens' trauma may have been substantially mitigated by his unshakeable trust in his mother's judgment and by his conviction that she saved him by organizing his escape from Rivesaltes; he felt nurtured by his knowledge that she put all else aside to protect and in the end save him.

In Part Two Parens addresses the question why it has taken him so long to write what happened to him; explicitly giving considerable credit to the American College of Psychoanalysts for the impetus to begin writing his journey after he had agreed to give a plenary address to the College on "Some Effects of the Holocaust on Development" in 1999. He acknowledges in the book that he was not emotionally ready before he gave his plenary address, but he was surprised by suddenly choking up with tears when he began his presentation with the words "I was 11...And reading that passage aroused in me also a profound resonance with his loss.

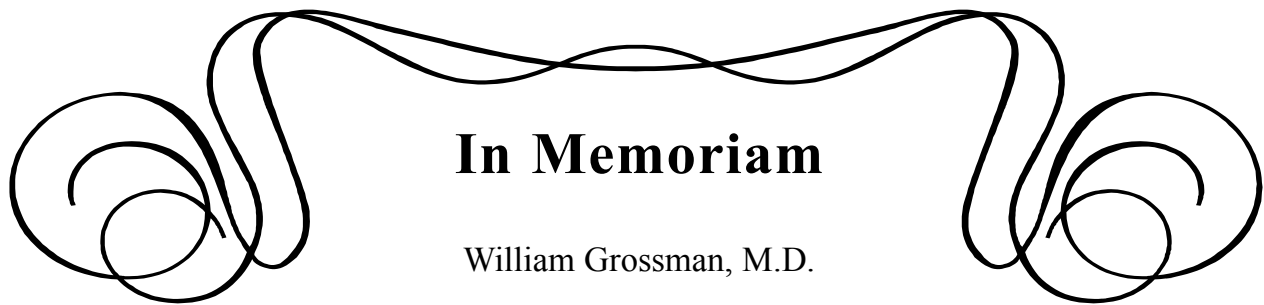
The last section, Part Three, is titled simply "Ayeikah". This is a biblical reference to when God asks Adam: "What have you done with your life?". Parens answers the question for himself with a description of his research *with which* he has sought to correlate "qualitative aspects of the mother-child relationship with the development of adaptive functions in the child" (p. 201). His research led him to challenge the prevailing psychoanalytic theory of aggression. Instead, Parens has proposed that hostile destructiveness is the consequence of unnecessary experiences of excessive unpleasure and helplessness. An important outcome of this work is a parenting education curriculum called "Parenting for Emotional Growth: A Curriculum for Students in Grades K thru 12." Parens' paradigm for the origin of hostile destructiveness is an effort to understand survival strategies in

death camps. His explanations rest on the presence of nurturing parental relationships *which inculcate* mastery of aggression and developing mechanisms and processes to handle hostile destructiveness arising in oneself and from others. Parens makes us privy to his psychic battle to resolve his own hostile destructiveness by revealing that one year after beginning to write his story and as he was completing the memoir, his skin continued to rage with eczema. However, he makes the point that helping others to suffer less heals well, too.

One could say that this book is two books that are virtually merged into one. First, the author carries the reader in a deeply engrossing journey as he bears witness to his personal cataclysmic trauma of the holocaust. We, the readers, bear witness to his process of healing. This is one book that ought not be overlooked. Second, this book is very relevant to sophisticated laymen and to professional readers as well, because it is the awe-inspiring report of a professional career in child developmental research and his continuing endeavor to implement its findings to clinically benefit others.

There are a few minor, though noticeable, difficulties with the text. Proof reading and spell checking were inadequate. For example, numerous words are misspelled, incorrectly used, erratically capitalized, and sometimes are misplaced in the sentences. The author's eloquent narrative deserves much better editing. In fact, some passages with more professional polishing would have produced a potentially more evocative story.

Finally, all members of the College could benefit from reading this book. The combination of a personal memoir imbricated with a professional research study and its application to clinical work has resulted in a moving and deeply inspiring book.



## In Memoriam

William Grossman, M.D.

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Klaus Hoppe, M.D.

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Paulina Kernberg, M.D.

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## Paulina Kernberg MD Obituary for the journal “Kinderanalyse”

By: Susan Coates, PhD

Dr. Paulina Fischer Kernberg, an internationally renowned psychoanalyst on the Faculty of the Columbia Center for Psychoanalytic Training and Research and a distinguished Professor of Child Psychiatry at the Westchester branch of Weill Medical College of Cornell University, died in New York City from cancer on April 12 at age 71.

Dr. Kernberg was born in Santiago, Chile, where she received her undergraduate and medical degrees from the University of Chile. She did her psychiatric training at the Menninger Memorial Hospital in Topeka, Kansas, and completed her psychoanalytic training at the Topeka Institute for Psychoanalysis in 1969. From 1975-1978, Dr. Kernberg was the director of Child and Adolescent Psychiatry at the Bronx Municipal Hospital Center of the Albert Einstein College of Medicine in New York. She then moved to Weill Cornell, Westchester Division and served as Director of the Division of Child and Adolescent Psychiatry from 1978 until 1996 and as Director of the Child and Adolescent training program from 1978 until her death. She became a full professor of psychiatry in 1995. Contemporaneously she served as Training and Supervising Analyst at the Columbia Center for Psychoanalytic training and research from 1977 until her death.

An unassuming and unpretentious woman in both personal and public situations, Dr. Kernberg had enormous industry and determination. She published nearly 100 papers and numerous books including two that have had a major influence on child psychiatry: her award winning book *Children With Conduct Disorders: A Psychotherapy Manual* written with Saralea Chazan in 1991, and *Personality Disorders in Children and Adolescents* written with Alan Weiner and her daughter Karen Bardenstein in 2000. Working up until the time of her death, she completed a new book that explores children's reactions to their images in the mirror as a window on their self-development and their object relations; the book will be published later this year.

Dr. Kernberg had immense grace and clarity under pressure. This was particularly evident in her performance as a consultant in the well publicized Elian Gonzalez custody case involving a Cuban boy whose mother had drowned during their escape from Cuba to Miami. There was formidable public opinion surrounding the case for the boy to remain in the United States. Nonetheless, keeping her focus clearly on the boy's best interest, Dr. Kernberg determined that the boy and his father were well connected emotionally and she recommended that he rejoin his father in Cuba.

Dr. Kernberg had a special interest in children who had been traumatized by divorce or had been sexually abused. She founded the Children of Divorce program at Weill Cornell Westchester Division, dedicated to the amelioration of the serious emotional consequences of divorce on children.

Dr. Kernberg was an esteemed and beloved colleague who had rare clinical gifts informed by her enormous common sense and compassion. Unencumbered by convention, she was bold in her search for creative solutions to clinical problems, tailoring her interventions or her recommendations to the unique details of the child's situation. She had a passionate interest in her work, boundless curiosity, and unending enthusiasm for the process of discovery, all of which made working with her a great pleasure. Dr. Kernberg was also known to her colleagues for her deep personal generosity. She was always available to close colleagues to sort out puzzling problems and dilemmas. She was blessed with a scintillating wit that shone even in her final days.

She was unusually intuitive with children while also drawing on her sharp intellect and her vast breadth of knowledge. She had a twinkle in her eye that invited playful engagement, and a quietly intense presence that made children feel cared about and that inspired trust. She would wait on the sidelines as a child began to play until she discovered the child's rhythm and then she would jump in with the ease and exquisite timing of a partner in double-dutch jump rope.

Generations of faculty and staff have been enriched by her humanity, by her warmth, and by her clinical wisdom. Her loss will be deeply and widely felt and we will forever be indebted to her for her distinguished and enduring contributions to child psychiatry.

Dr. Kernberg is survived by her husband of 52 years, Dr. Otto F. Kernberg, the world-renowned psychoanalyst at the Columbia Center for Psychoanalytic Training and Research, and Professor of Psychiatry at Weill Cornell Medical Center, and Director of the Personality Disorders Institute at New York-Presbyterian Hospital; by two daughters, Karen Bardenstein, a psychologist, in Cleveland, and Adine Varah, a lawyer in San Francisco; and by a son, Dr. Martin Kernberg, a radiologist and emergency physician in San Francisco; and her six grandchildren, Ian 18, Annessa 18, Daniel 15, Sarina, 14, Sonia 7, James 3. In the days before she died she composed a poem for Sonia on the occasion of her approaching seventh birthday.

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FOR SONIA:

Birthdays are magic days.  
Number 0, suddenly you are there,  
there a minute before you were not.  
One time it was only your mom and dad.  
When they found you on the spot  
And from then on came  
Birthday 1, 2, 3, 4, 5, 6  
Every April 12th,  
Always, always on the dot.  
Dear Sonia, now happy birthday number seven,  
Do not forget, ever ever  
Said the raven  
And the hawk  
And all the mocking birds,  
Sparrows and doves  
And all the birds flying  
And singing crisscrossing  
The skies like sparking arrows, that April 12,  
Sonia's birthdays happen always on the dot.

Love, ABUELITA

Paulina Kernberg died on April 12, 2006.



Relaxing at the Royal Canadian Yacht Club after the Board meeting –  
Harriet Wolfe, Inge Weiner, and Phil Lebovitz (top picture),  
and Dean and Johanna Brockman.



Ken Alexander, editor of a highly popular Canadian magazine,  
“The Walrus” (a magazine which has been quite friendly to  
psychoanalysis), gives a highly entertaining address  
to members at the gala banquet.



David Edelstein, President, presents membership certificate to Margaret Hamilton



David Edelstein, President, presents membership certificate to Jerome Blackman



Jerome Weiner presents award honoring Cheryl Sisk for her plenary presentation "Pubertal Hormones Organize the Adolescent Brain and Sexual Behavior"



Jerome Weiner presents award honoring Alexandra Harrison for her plenary presentation "Herding the Animals Into the Barn: Videotape Microanalysis of the Analytic Treatment of a Young Boy".



David Edelstein, President, addresses members at the gala banquet.



David Edelstein passes the Presidential gavel to Harriet Wolfe.



David Edelstein, President, presents an Honorary Certificate to Toronto candidate, Pamela Ann Stewart, M.D.



Steven Roose presents during his colloquium on current research on the use of medications in the psychoanalytic setting

## THE COLLEGE INAUGURATES INTERNET DISCUSSION GROUPS

The Internet Discussion Group committee members, David Edelstein, Fred Levin, Phil Lebovitz, and Robert White, are pleased to announce that the first discussion group is ready to start. All discussions will take place on the College website in the section on Forums, <http://forums.acopsa.org/>, and will be viewable by members. All postings accumulated from the start of each discussion group will be available for review so that members who wish to join the group can log on and catch up with the discussion to date. This first discussion group will be led by David Dean Brockman, M.D., and will be titled "Psychoanalytic Approaches to Spirituality". Dr. Brockman will lead the group in a wide-ranging discussion of the psychological functions of spirituality, exploring the crystallization of identity through spirituality, the capacity of spirituality to organize life activities, and the capacity of spirituality to help people dramatically change life course. The group may also look at changes in spirituality over the life cycle and at the process of religious conversion. Dr. Brockman hopes that the group will have a lively interchange, with a spirit of openness in which group members will feel free to suggest new directions and areas to explore together.

Our Webmaster has posted a tutorial on how to use the Forums section, at [http://tutorials.acopsa.org/acopsa\\_forums.html](http://tutorials.acopsa.org/acopsa_forums.html). The tutorial describes, using an example, how each Member has a login name and a password. (If you attempt to log in and do not know your password, you can easily request a new password from the website.) The tutorial then describes the easy steps in posting on the Forum discussion boards.

The College plans to start a second discussion group soon. The Internet Discussion Group committee will send out an announcement regarding this. The Internet Discussion Group committee also welcomes members to start their own discussion groups. Please contact David Edelstein, at [dredelstein@ameritech.net](mailto:dredelstein@ameritech.net), if you would like to start your own Internet discussion group. Also please contact the administrator of the College website, our new Executive Secretary, Frances Roton Bell, on the website itself, [www.acopsa.org](http://www.acopsa.org), if you encounter difficulties in using the website.



David Edelstein, President, presents an Honorary Certificate to Toronto candidate, Jan Malat, M.D.



Jerome Weiner presents Malkah T. Notman with the College's annual Teaching Award for Achievement, Contributions, and International Leadership in the Field of Psychoanalysis.



David Dean Brockman accepts the David Dean Brockman Award for Contributions to Psychoanalysis for the recipient, John Nemiah, who was not able to attend the meeting this year.



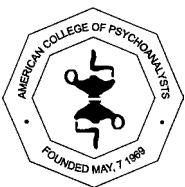
**Board of Regents Members present at the Toronto meeting.**  
Seated L to R: David Edelstein, Harriet Wolfe, Malkah Notman, Elise Snyder, Dean Brockman. Standing L to R: Phil Lebovitz, Fred Levin, Jerome Weiner, and Ralph Wharton.

## **Board of Regents Meeting**

**January 19, 2007**

**12 noon - 2 p.m.**

**Yale Club, New York City**



**AMERICAN COLLEGE OF PSYCHOANALYSTS**

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